

# DEFINE YOUR ACTIONS

If you do what you have always done, you will get what you have always got!

To change something, you must take action!

The outcomes of the action are more important than the action itself!

Considering each of your priorities from the last sheet (consider your priorities), think of two actions that you could take in the next seven days to improve matters. Then three that you should take and, finally, one that you WILL take.

PRIORITY	ACTIONS		
	<i>Could</i>	SHOULD	<u>WILL!</u>
1 <sup>st</sup>			
2 <sup>nd</sup>			
3 <sup>rd</sup>			

## Congratulations!

Now you know what you could do, what you should do and, above all, what you WILL do!

Keep this promise to yourself. Deliver.

Repeat this exercise as often as you wish.